

# Woman Power

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**Choregraphie par :** Roy Verdonk, & Sebastiaan Holtland,  
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**Description :** 32 temps, 4 murs, Débutant,  
Février 2020

**Musique :** Te Gusto – Baby Lores ft. Dayami  
La Musa (Single 2019) (iTunes & other mp3 sites) (approx  
3.04 mins )



## **Part 1. [1-8] Walks Fwd R, L, Step & Swivel, Walks Back R, L, Coaster Step R.**

- 1,2 Walk Rf fwd (1), Walk Lf fwd (2).
- 3&4 Step Rf fwd (3), Swivel both heels right (&), Swivel both heels back to centre weight onto Lf (4).
- 5,6 Walk Rf back (5), Walk Lf back (6).
- 7&8 Step Rf back (7), Step Lf beside Rf (&), Step Rf fwd (8).

## **Part 2. [9-16] ¼ Step Turn R, Cross Shuffle L, Out Steps R, L (african style), Side Chasse R.**

- 1,2 Lf step forward , make 1/4 turn right Taking weight onto Rf (2). (03.00)
- 3&4 Step Lf across Rf (3), Step Rf slightly to R (&), Step Lf across Rf (4).
- 5,6 Step Rf big out to R (5), Step Lf big out to L (6).
- 7&8 Step Rf to R (7), Step Lf beside Rf (&), Step Rf to R (8).

## **Part 3. [17-24] L Cross, ¼ Turn L, Back, Side Chasse L, Syncopated Side Points R, L, R, Clap Hands Twice.**

- 1,2 Step Lf across Rf (1), Make ¼ turn L (12.00) step Rf back (2).
- 3&4 Step Lf to L (3), Step Rf beside Lf (&), Step Lf to L (4).
- 5&6& Point Rf out to R (5), Step Rf beside Lf (&), Point Lf out to L (6), Step Lf beside Rf (&).
- 7&8 Point Rf out to R (7), Clap with both hands together twice upper your head (&8).

## **Part 4. [25-32] Rocking Chair R, 2x 1/8 Pivot Turn L with Hip Actions.**

- 1,4 Rock Rf fwd (1), Recover back onto Lf (2), Rock Rf back (3), Recover back onto Lf (4).
- 5,6 Step Rf fwd (5), Make 1/8 over L (10.30) taking weight onto Lf (6).
- 7,8 Step Rf fwd (7), Make 1/8 over L (9.00) taking weight onto Lf (8).

**REPEAT DANCE AND HAVE FUN!!**

**Dance edit, email: [smoothdancer79@hotmail.com](mailto:smoothdancer79@hotmail.com)**

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