

Rampampam

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Description : 32 temps, 4 murs, Novice, Avril 2021

Musique : Rampampam – Minelli



#32 Count Intro / Approx. 18 Secs, No Tags or Restarts

SEC 1: Step, Scissor Cross, Side, Behind, ¼ Step, ¾ Hitch, Side Shuffle

- 1 Step right forward
- 2& Left to left, step right beside left, cross left over right
- 4-5 Step right to right, step left behind right
- 6-7 Turn ¼ right stepping right forward, turn ¾ right hitching left knee (12:00)
- 8&1 Step left to left, step right beside left, step left to left

SEC 2: Touch, Twist Twist, Side, Point, Rolling Vine Into Side Shuffle

- 2&3 Step ball of right behind left, split heels out, recover heels to centre taking weight fully onto right

*Arms

***2 Touch right hand to left shoulder, left hand to right shoulder**

***& Touch right hand to right shoulder, left hand to left shoulder**

***3 Drop both arms to the side**

- 4-5 Step left to left, point right to right
- 6-7 Turn ¼ right step right forward, turn ½ right step left back (9:00)
- 8&1 Turn ¼ right step right to right, step left beside right, step right to right (12:00)

SEC 3: Kick Cross Touch, Back, Together, Cross, Side, ¼ Together

- 2&3 Kick left to right diagonal, cross left over right, touch right behind left

*Arms

***2 Left arm forward in front of body, punch right over left arm**

***3 Punch right hand under left arm**

- 4-5 Step right back, step left beside right
- 6-7 Cross right over left, step left to left
- 8 Turn ¼ right step right beside left (3:00)

SEC 4: Press Rock, Ball Touch, Ball Touch, Ball Step Sweep, Step Sweep

- 1-2 Press left forward, recover weight back onto right
- &3 Step left back, touch right forward
- &4 Step right back, touch left forward
- &5-6 Step left beside right, step right forward, sweep left from back to front
- 7-8 Step left forward, sweep right from back to front

(562)